

## Helpful Web Sites

### ***General Information Regarding Child Abuse***

#### **American Academy of Child & Adolescent Psychiatry: Facts for Families**

([www.aacap.org/cs/root/facts\\_for\\_families/facts\\_for\\_families](http://www.aacap.org/cs/root/facts_for_families/facts_for_families)) Provides a link to download many fact sheets covering a variety of subjects for families (child abuse, divorce, substance abuse, autism, day care, Post Traumatic Stress Disorder, etc). Can also search through fact sheets for specific topics. Available in Spanish, German, Malaysian, Polish, Icelandic, Arabic and Hebrew.

**American Academy of Pediatrics: Child Abuse** ([www.aap.org/healthtopics/childabuse.cfm](http://www.aap.org/healthtopics/childabuse.cfm)) Information to assist healthcare providers, family and the community to recognize child abuse and neglect and prevent it from happening.

**APA Online: What is Child Sexual Abuse?** ([www.apa.org/releases/sexabuse](http://www.apa.org/releases/sexabuse)) Basic information on sexual abuse, including who is involved, recovery for victims and how to respond to allegations of abuse.

**Child Welfare Information Gateway** ([www.childwelfare.gov](http://www.childwelfare.gov)) Promotes the safety, permanency, and well-being of children and families by connecting child welfare, adoption and related professionals as well as concerned citizens to timely, essential information.

**Childhelp Child Abuse Learning Center** ([www.childhelp.org/resources/what-is-child-abuse](http://www.childhelp.org/resources/what-is-child-abuse)) Information on child abuse/neglect including statistics, effects of abuse/neglect, tips, articles, prevention, resources and other links.

**National Exchange Club Foundation: About Child Abuse** (<http://www.preventchildabuse.com/abuse.shtml>) Information about specific types of child abuse, including Fetal Alcohol Syndrome and Shaken Baby Syndrome.

**Rape, Abuse & Incest National Network** ([www.rainn.org](http://www.rainn.org)) A variety of information about topics regarding sexual assault including statistics, effects of abuse, state laws, public policy, legal resources, etc. Help offered through the online hotline. Available in Spanish.

**Medline Plus: Child Sexual Abuse** ([www.nlm.nih.gov/medlineplus/childsexualabuse.html](http://www.nlm.nih.gov/medlineplus/childsexualabuse.html)) Definitions and basic information about child sexual abuse. Available in Spanish. Information on coping with childhood abuse provided in Chinese, Korean, Russian and Vietnamese.

**Take the Power Back** ([www.angelfire.com/fl/kimssafeplace/ksptakepower.html](http://www.angelfire.com/fl/kimssafeplace/ksptakepower.html)) Provides many links connecting to information on organizations, government agencies, general data, surviving abuse and reading resources.

### ***For the Survivor***

**After Silence** ([www.aftersilence.org](http://www.aftersilence.org)) An updated message board and chat room for survivors of rape, sexual assault and sexual abuse.

**Dancing in the Darkness** ([www.dancinginthedarkness.com](http://www.dancinginthedarkness.com)) Stories from survivors of sexual assault/abuse, information on date rape, flashbacks and post Traumatic Stress Disorder, survivor's thoughts on feelings such as shame and anger and the stories of Tori Amos, Maya Angelou and Angela Shelton.

**Healthy Place: Abuse Issues Community** ([www.healthyplace.com/communities/abuse/site/index.htm](http://www.healthyplace.com/communities/abuse/site/index.htm)) A Web site for survivors of physical, emotional, or sexual abuse. Provides information for each type of abuse, as well as links to resources and other helpful sites.

**Kim's Safe Place** ([www.angelfire.com/fl/kimssafeplace](http://www.angelfire.com/fl/kimssafeplace)) Focused on healing, prevention and awareness. Provides recommended readings, personal stories and letters. Some links are outdated (i.e. to the art gallery, Earthsongs, forum/chat).

**Pandora's Aquarium** ([www.pandys.org](http://www.pandys.org)) An online support group with message boards, forums and chat rooms for survivors of sexual violence. Forum/chat is current.

**Safeguarding Our Children – United Mothers: Survivors** ([www.soc-um.com/survivors/index.html](http://www.soc-um.com/survivors/index.html)) Dedicated to both boys and girls, this site provides inspirational stories and poems, healing humor and other links. Forum/chat is outdated.

**Surviving to Thriving: For Survivors of Sexual Violence** ([www.survivingtothriving.org](http://www.survivingtothriving.org)) Contains personal stories, artwork and poetry from other survivors, a section dedicated to male survivors, reactions from loved ones, coping with anniversaries, etc. Lots of input from many different survivors of sexual assault/abuse.

### ***Parenting the Sexually Abused Child***

**American Academy of Child & Adolescent Psychiatry: Facts for Families – Child Sexual Abuse**

([www.aacap.org/publications/factsfam/sexabuse.htm](http://www.aacap.org/publications/factsfam/sexabuse.htm)) Discusses child sexual abuse, indicators and prevention. Provides links to additional information regarding abuse, including responding to reports of sexual abuse.

**Childabuse.com Parent's Corner** ([www.childabuse.com/parents.htm](http://www.childabuse.com/parents.htm)) General parenting information in addition to a variety of information on child abuse.

**Pandora's Box: Sex Abuse Reporting** ([www.prevent-abuse-now.com/help10ab.htm](http://www.prevent-abuse-now.com/help10ab.htm)) Links to various Web sites with information on reacting to and reporting child sexual abuse. Includes definitions and indicators of abuse.

**Safeguarding Our Children – United Mothers** ([www.soc-um.com](http://www.soc-um.com)) Focused on public awareness, education and prevention of child abuse.

### ***Safety, Prevention and Education***

**Dignity Memorial Escape School Abduction Prevention Program: Increasing Home Safety**

([www.escapeschool.com](http://www.escapeschool.com)) An abduction prevention program focused on keeping kids safe online, in the community and in other situations. Links are provided to various articles on each topic.

**Stop It Now!** ([www.stopitnow.com](http://www.stopitnow.com)) Information on preventing child sexual abuse including personal stories, warning sign and links to other information.

### ***Therapy Information***

**Rape and Sexual Abuse Center: Counseling** ([www.rasac.org/counseling](http://www.rasac.org/counseling)) Information on types of therapy and counseling as well as the benefits of counseling.

### ***Internet Safety***

**Federal Bureau of Investigations: A Parent's Guide to Internet Safety**

([www.fbi.gov/publications/pguide/pguidee.htm](http://www.fbi.gov/publications/pguide/pguidee.htm)) Information on how individuals attempt to sexually exploit children through the use of on-line services and the Internet, signs a child might be at risk and what to do.

**Federal Trade Commission Bureau of Consumer Protection: Children's Privacy**

([www.ftc.gov/bcp/menus/consumer/data/child.shtm](http://www.ftc.gov/bcp/menus/consumer/data/child.shtm)) Links to articles discussing children's privacy online.

**Federal Trade Commission Bureau of Consumer Protection: Computers and the Internet**

([www.ftc.gov/bcp/menus/resources/articles/tech.shtm](http://www.ftc.gov/bcp/menus/resources/articles/tech.shtm)) Links to information about computers and Internet usage.

**National Center for Missing and Exploited Children: Netsmartz Workshop** ([www.netsmartz.org](http://www.netsmartz.org)) Offers interactive educational safety resources focused on teaching children and teens how to be safe online. Available in Spanish.

**Web Wise Kids** ([www.webwisekids.com](http://www.webwisekids.com)) This animated site offers personal stories, quizzes rules and tips for safety as well as other resources for community members, parents and teenagers.